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How does the change come about? - What does ~~really~~ happen?

A question repeatedly asked by visitors, in one form or another: when there is 'awakening' or 'realisation' or whatever, what exactly happens? To such a question, Shri Maharaj usually explains that whatever happens is not in the nature of an experience because any experience can only be based on consciousness and is in fact no better than a hallucination; nor is it anything explosive as an event - it is more in the nature of an adjustment of perspective whereby an imaginary identification is realised to be what it is and, as such, not to have existed at all.

The consequence of such an adjustment in perspective ~~is that the — which cannot be achieved~~ is the disappearance of the duality of the subject and object in cognising phenomena. This is so because this change - the English word is metanoesis - is not something consciously done at all ~~at a~~ but something that "happens" at a certain point when the mind is stilled into ~~not~~ ceasing ~~obj~~ its normal work of objectivising.

Such a change implies the ~~loss~~ ceasing of viewing objects from the point of view of their inter-dependent counterparts like self and other, presence and absence, good and bad, pure and impure. Such divided conceptualisation just does not take place and what functions then is PRAJNYAA - universal consciousness, because there has been a total disidentification from the phenomenal self ~~domain~~ that is enveloped by the concept of a "me".